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Diplomate American Board of Ophthalmology

POST-SURGICAL EYE CARE

<u>DO</u>	<u>DO NOT</u>
Cover the operated eye with the eye shield every night before sleeping for three days after surgery. You DO NOT need the eye pad under the shield.	Drive for two days.
Wear sunglasses on bright sunny days for three weeks after surgery.	Exercise strenuously for two weeks.
You may shower/take a bath/wash your hair on the second day after surgery. Make sure to cover the eye with one pad and tape securely to avoid getting soap or shampoo in your eye.	Lift anything heavy for the first week. (over 15lbs)
	Mow the lawn, vacuum for one week.

We hope that your surgical experience has been pleasant. Your visual rehabilitation is our main goal and concern. Please share any comments or problems with us so that we may all be successful in reaching our goal.

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